

# Sample size and timepoint tradeoffs for comparing dynamic treatment regimens in a longitudinal SMART

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## Motivating Example: The ENGAGE Study

Patients with alcohol- and cocaine-related substance use disorders often disengage from treatment at high rates. How should clinicians best re-engage them?

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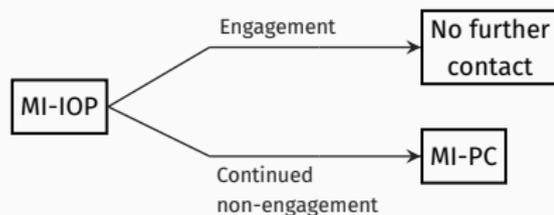
What do we do if that doesn't work?

This is a question about a *sequence* of treatments.

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**Dynamic treatment regimens** (DTRs) operationalize clinical decision-making by recommending particular treatments to certain subsets of patients at specific times.



- **MI-IOP:** 2 motivational interviews to re-engage patient in intensive outpatient program
- **MI-PC:** 2 motivational interviews to engage patient in treatment of their choice.

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• Chakraborty, B., and E. E. M. Moodie (2013). *Statistical Methods for Dynamic Treatment Regimes*.

## Sequential, Multiple-Assignment Randomized Trials

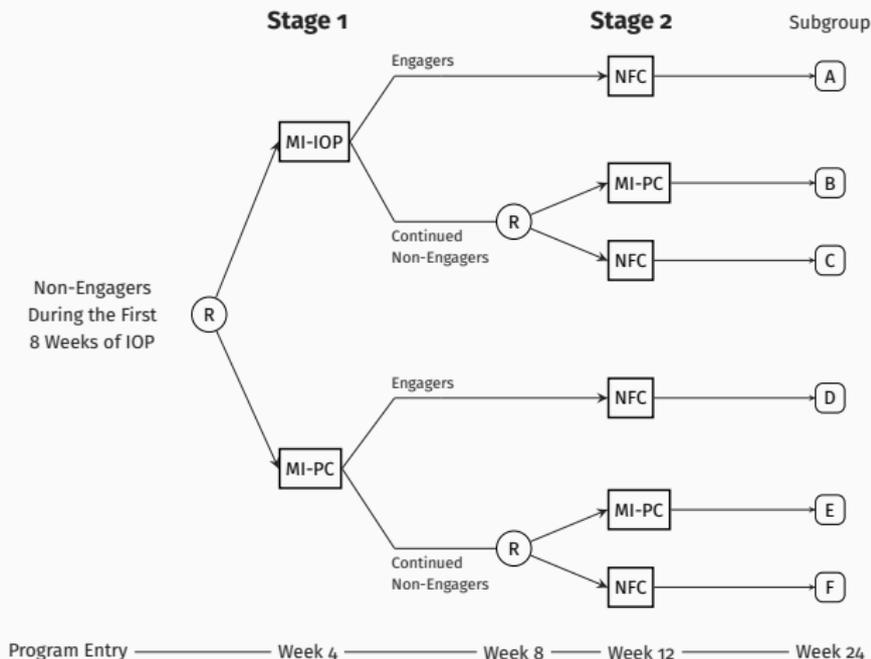
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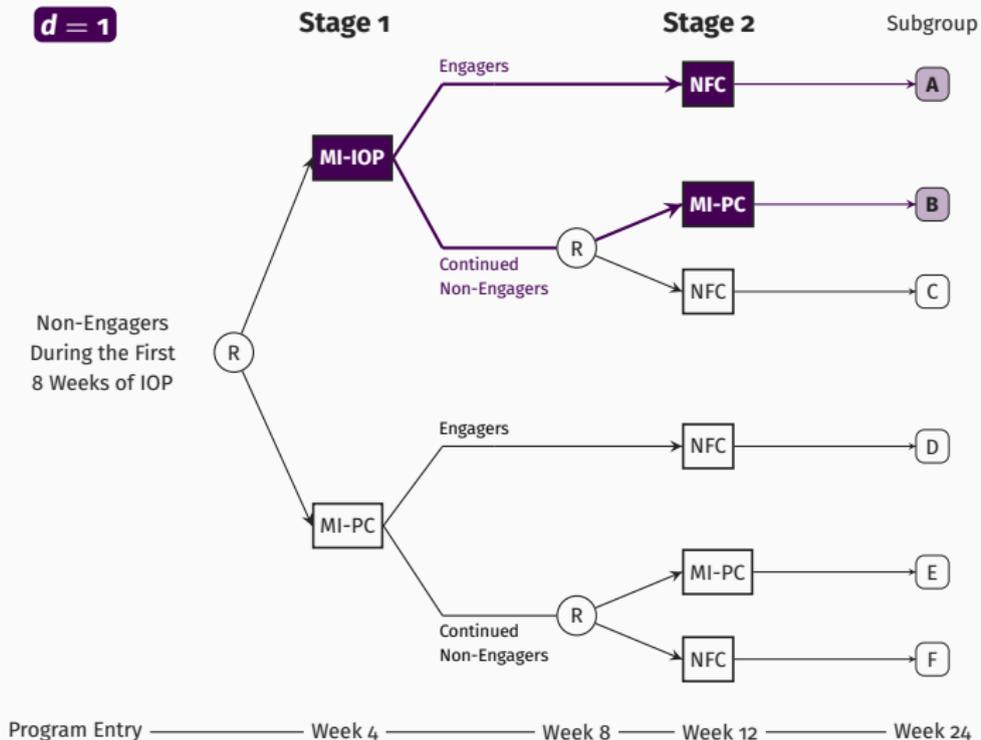
The key feature of a SMART is that some (or all) participants are randomized *more than once*.

# Motivating Example: The ENGAGE Study



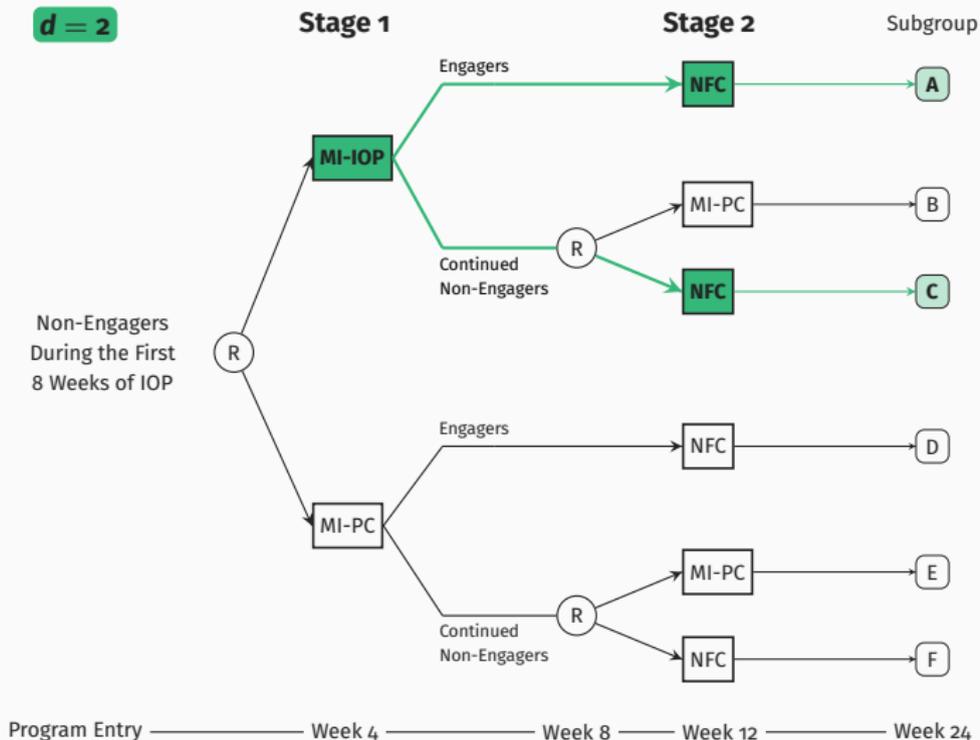
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# Four Embedded DTRs in ENGAGE



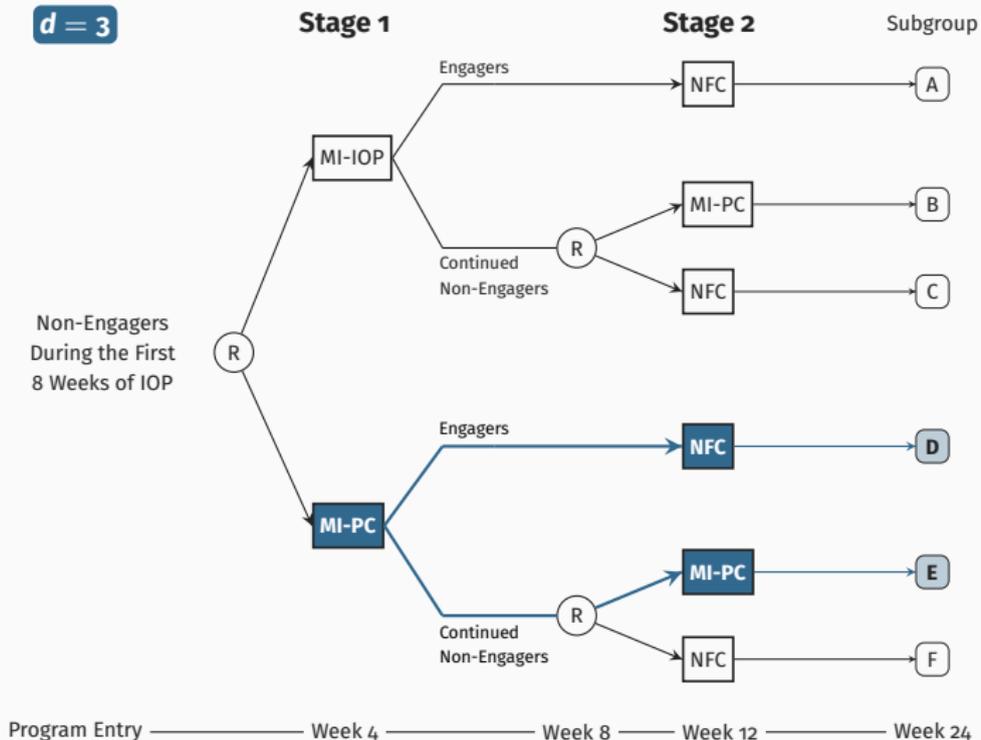
# Four Embedded DTRs in ENGAGE

$d = 2$



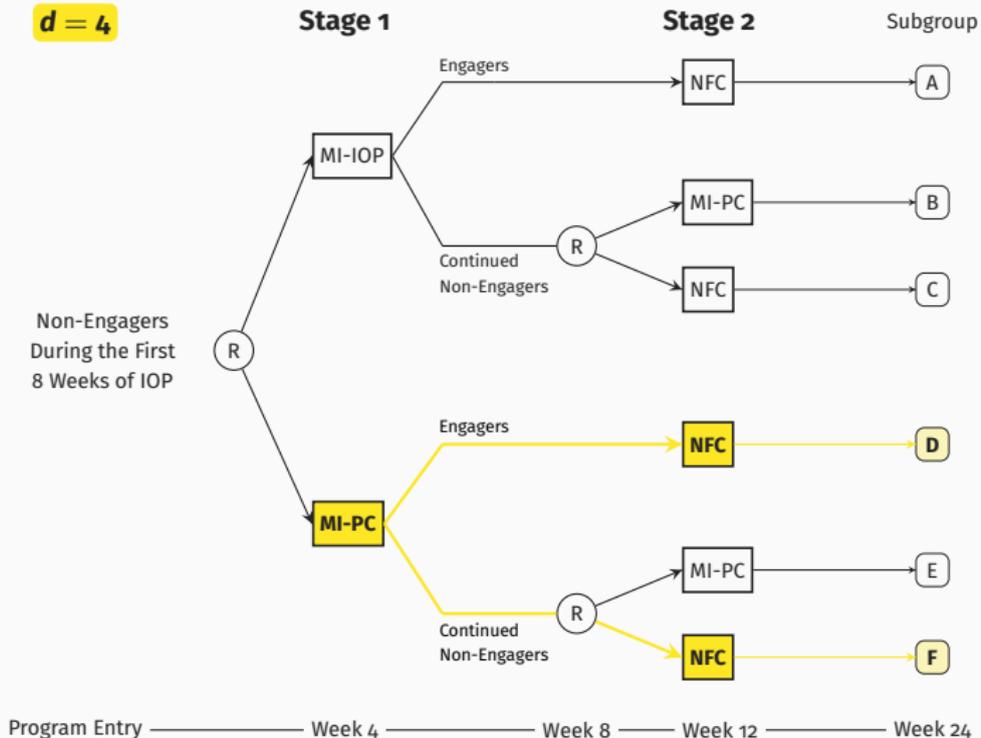
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$d = 3$

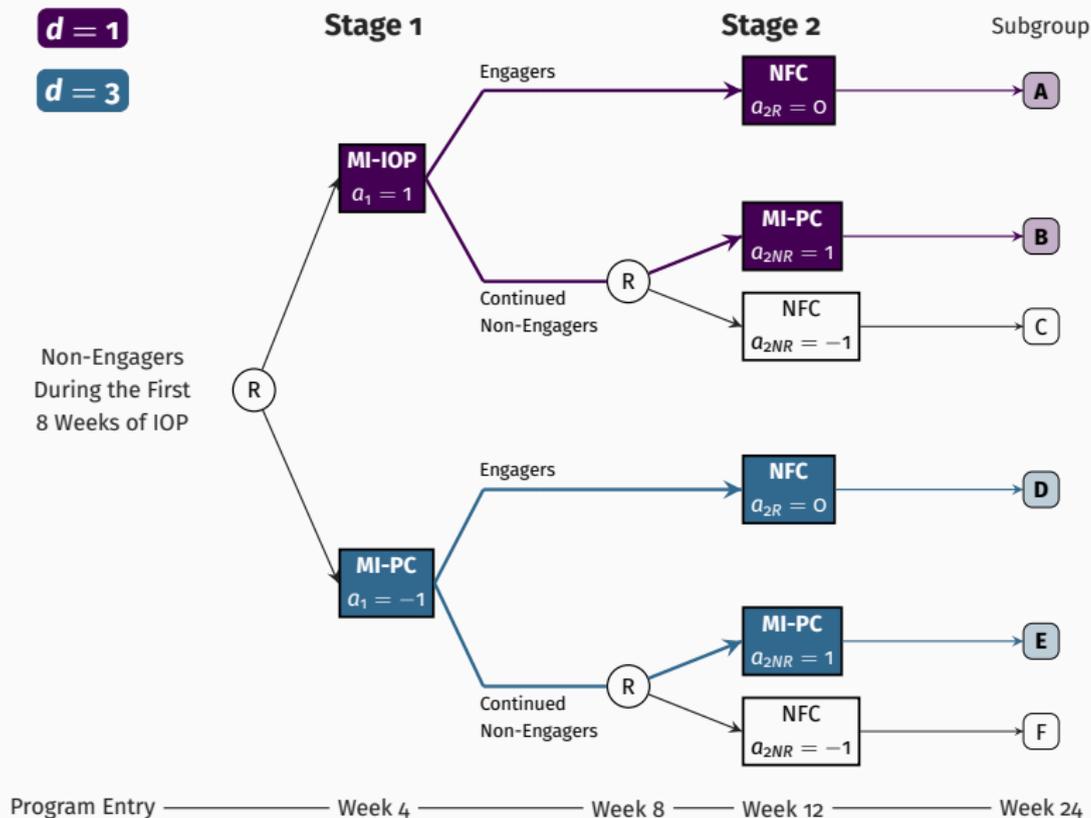


# Four Embedded DTRs in ENGAGE

$d = 4$



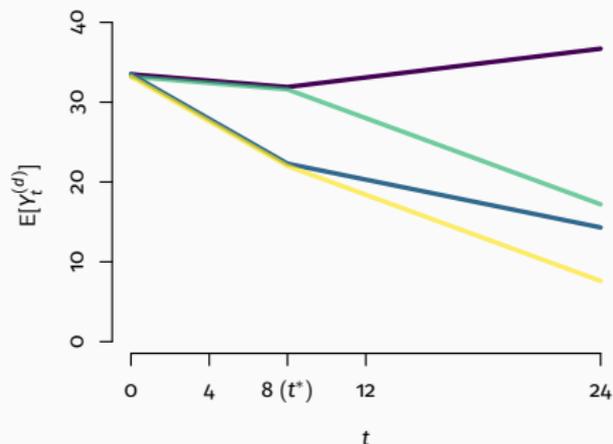
# Common Primary Aim: Compare Embedded DTRs at End of Study



**Our goal**

is to develop a sample size formula for the comparison of two embedded DTRs at the end of the study using a longitudinal outcome collected at an arbitrary number of timepoints.

# Example Model: Continuous Longitudinal Outcome in ENGAGE



	<b>d = 1</b>	<b>d = 2</b>	<b>d = 3</b>	<b>d = 4</b>
$\mathbf{a}_1$	1	1	-1	-1
$\mathbf{a}_{2R}$	0	0	0	0
$\mathbf{a}_{2NR}$	1	-1	1	-1

$$\begin{aligned}
 E \left[ Y_t^{(d)} \mid \mathbf{X} \right] &:= \mu^{(d)}(\beta) \\
 &= \beta_0 \\
 &\quad + \mathbb{1} \{ t \leq t^* \} \{ \beta_1 t + \beta_2 \mathbf{a}_1 t \} \\
 &\quad + \mathbb{1} \{ t > t^* \} \{ t^* \beta_1 + t^* \beta_2 \mathbf{a}_1 \\
 &\quad \quad + \beta_3 (t - t^*) + \beta_4 (t - t^*) \mathbf{a}_1 \\
 &\quad \quad + \beta_5 (t - t^*) \mathbf{a}_{2NR} \\
 &\quad \quad + \beta_6 (t - t^*) \mathbf{a}_1 \mathbf{a}_{2NR} \}
 \end{aligned}$$

# “GEE-Type” Estimating Equations for Model Parameters

$$\mathbf{0} = \sum_{i=1}^N \sum_d \left[ \underbrace{\frac{l^{(d)}(A_{1,i}, R_i, A_{2,i})}{P(A_{1,i} = a_1)P(A_{2,i} = a_2 | A_{1,i} = a_1, R_i)}}_{W^{(d)}(A_{1,i}, R_i, A_{2,i})} \cdot \left( \mathbf{D}^{(d)} \right)^\top \cdot \mathbf{V}^{(d)}(\boldsymbol{\tau})^{-1} \cdot \left( \mathbf{Y}_i - \boldsymbol{\mu}^{(d)}(\boldsymbol{\beta}) \right) \right],$$

- $d$  specifies an embedded DTR,
- $l^{(d)}(A_{1,i}, R_i, A_{2,i}) = \mathbb{1}\{A_{1,i} = a_1\} \left( R_i + (1 - R_i) \mathbb{1}\{A_{2,i} = a_2\} \right)$
- $\mathbf{D}^{(d)} = \frac{\partial}{\partial \boldsymbol{\beta}^\top} \boldsymbol{\mu}^{(d)}(\boldsymbol{\beta})$
- $\mathbf{V}^{(d)}(\boldsymbol{\tau})$  is a working model for  $\mathbf{Var} \left( \mathbf{Y}^{(d)} - \boldsymbol{\mu}^{(d)}(\boldsymbol{\beta}) \right)$

**Goal:** Develop a tractable sample size formula for the test

$$H_0 : E \left[ Y_T^{(d=1)} - Y_T^{(d=3)} \right] = 0 \quad \text{vs.} \quad H_1 : E \left[ Y_T^{(d=1)} - Y_T^{(d=3)} \right] = \Delta.$$

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Under our example model,

$$E \left[ Y_T^{(d=1)} - Y_T^{(d=3)} \right] = \mathbf{c}^\top \boldsymbol{\beta}$$

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We use a 1-degree of freedom (asymptotic) Wald test with test statistic

$$Z = \frac{\sqrt{n} \mathbf{c}^\top \hat{\boldsymbol{\beta}}}{\sigma_{\mathbf{c}}},$$

where  $\sigma_{\mathbf{c}} = \mathbf{c}^\top \mathbf{Var} \left( \hat{\boldsymbol{\beta}} \right) \mathbf{c}$ .

## Sample Size for an End-of-Study Comparison

Under mild working assumptions, exchangeable within-person correlation, and constant variance across time and DTRs:

$$N \geq \frac{4 \left( z_{1-\alpha/2} + z_{1-\gamma} \right)^2}{\delta^2} \cdot \left( 2 - P(R_i = 1) \right) \cdot f(\rho, T_2, T)$$

- $\delta = \Delta/\sigma = E[Y_T^{(d)} - Y_T^{(d')}] / \sqrt{(\text{Var}(Y_T^{(d)}) + \text{Var}(Y_T^{(d')})) / 2}$  is the target standardized effect size
- $\alpha$  is the desired type-I error
- $1 - \gamma$  is the desired power
- $\rho = \text{cor}(Y_t, Y_{t'})$  for  $t \neq t'$
- $T$  is the total number of measurement occasions
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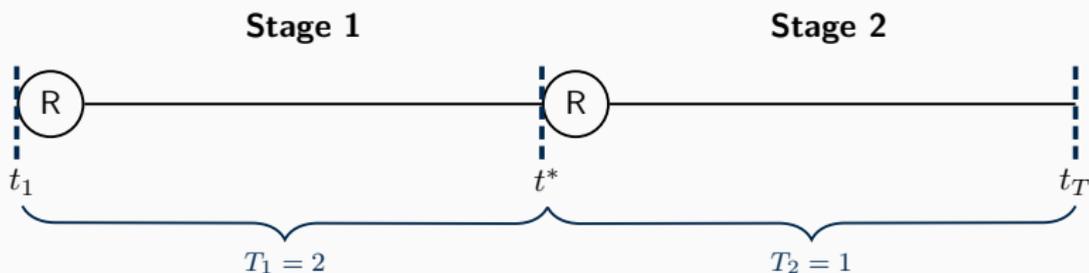
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**Long-Term Goal:** Understand tradeoffs between  $N$ ,  $T_2$ , and  $T$  to maximize power subject to a budget constraint.

## Special Case: 3 timepoints simplifies nicely

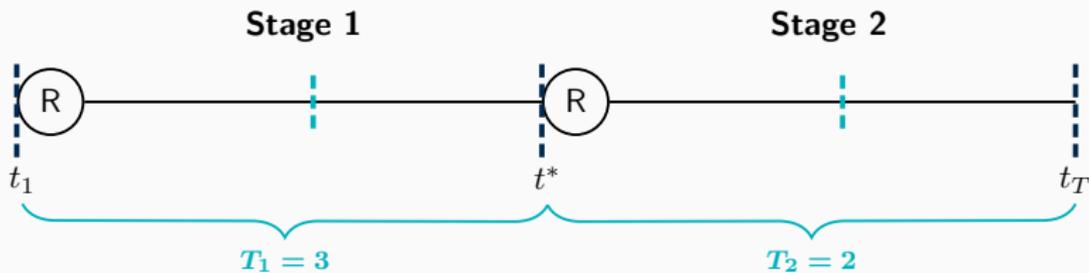


$$f(\rho, 1, 3) = (1 - \rho^2)$$

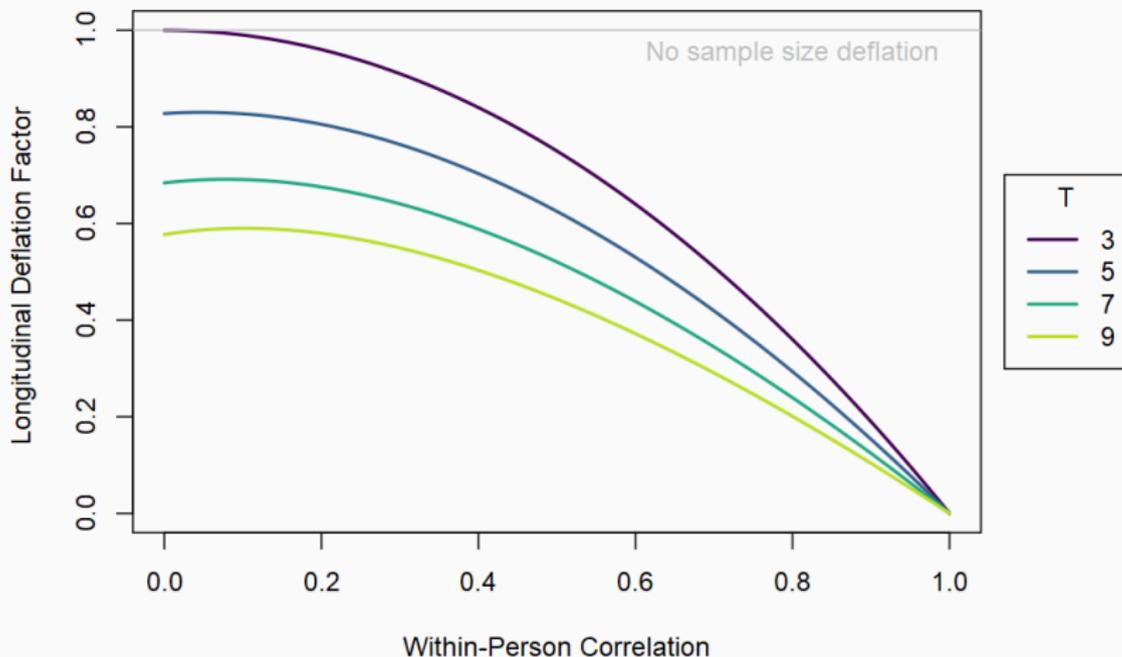
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. Seewald, N. J., et al. (2019). *Statistical Methods in Medical Research*.

# One strategy is to add timepoints in both stages of the SMART

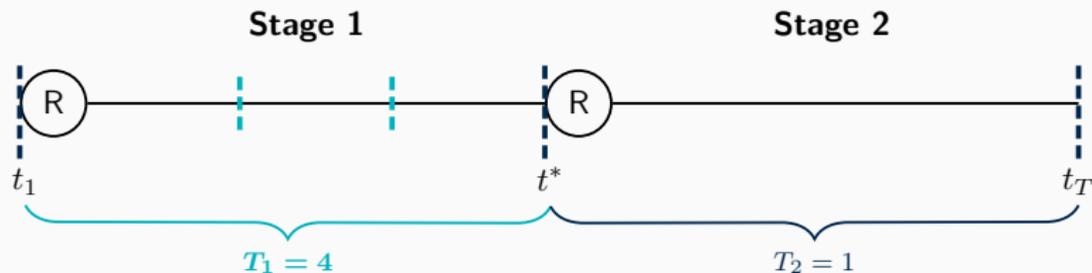


## Understanding $f(\rho, T_2, T)$ : Increase $T$ , fix $T_2 = \lfloor T/2 \rfloor$

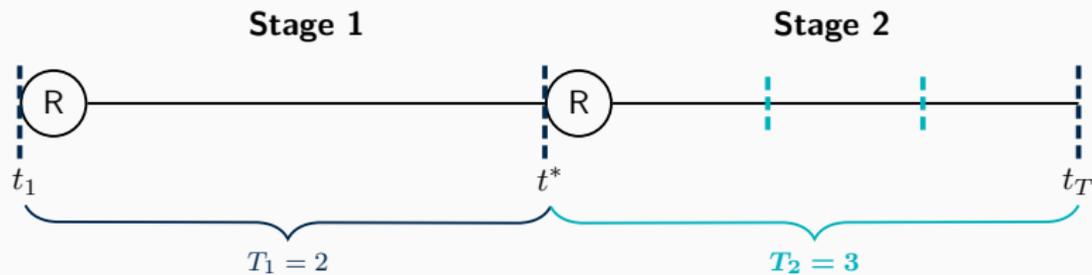


Increasing  $T$  increases power.

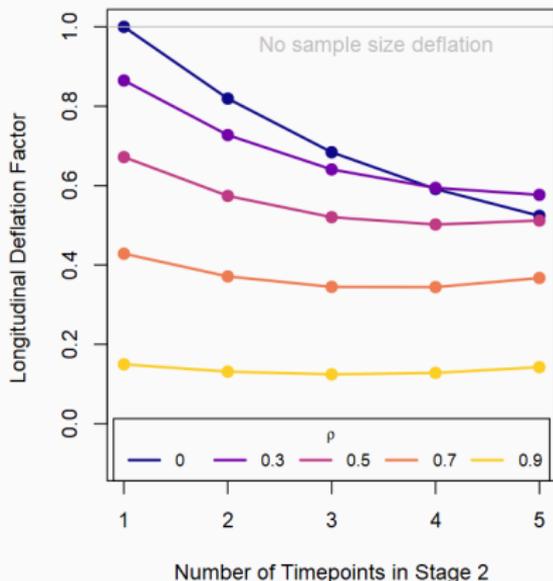
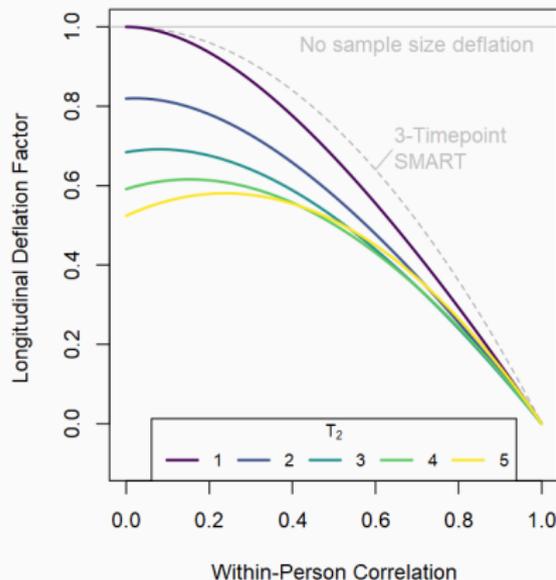
## Do we benefit from unequal distribution of timepoints?



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## Understanding $f(\rho, T_2, T)$ : Fix $T = 7$ , increase $T_2$



$f(\rho, T_2, T)$  becomes non-monotone in  $\rho$  as  $T_2$  increases; adding measurements matters less as  $\rho$  increases.

- A work in progress!
- Still to Come:
  - User-friendly sample size tool:  $f(\rho, T_2, T)$  is somewhat complex
  - Guidance on balancing  $N$  and  $T$  subject to a budget constraint
  - Intuition behind non-monotone relationship between sample size and  $\rho$

# Sample size considerations for comparing dynamic treatment regimens in a sequential multiple-assignment randomized trial with a continuous longitudinal outcome

Nicholas J Seewald,<sup>1</sup>  Kelley M Kidwell,<sup>2</sup> Inbal Nahum-Shani,<sup>3</sup> Tianshuang Wu,<sup>4</sup> James R McKay<sup>5</sup> and Daniel Almirall<sup>1,3</sup>

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