

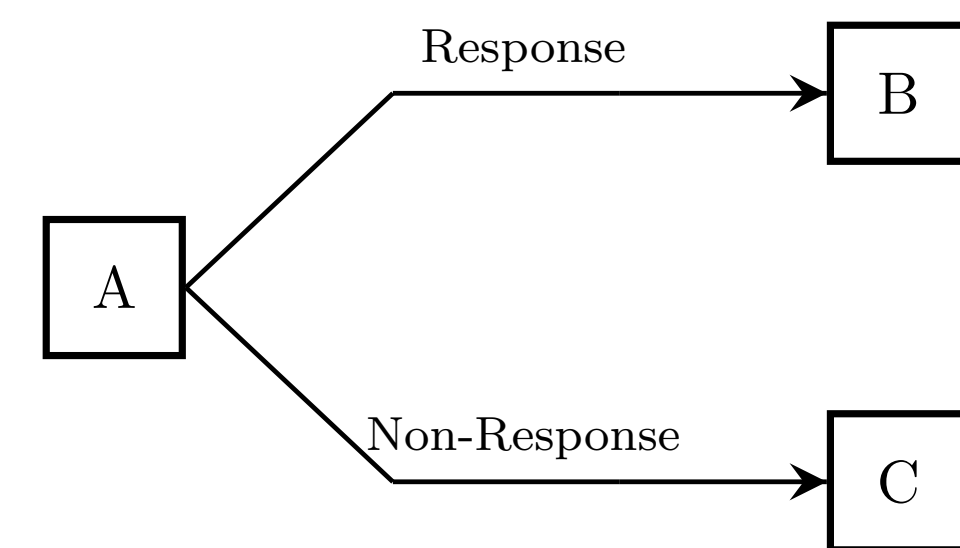
# Sample Size Considerations for the Analysis of Continuous Repeated-Measures Outcomes in Sequential Multiple-Assignment Randomized Trials

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## Dynamic Treatment Regimes

A **dynamic treatment regime (DTR)** is a sequence of pre-specified decision rules which guides the delivery of an individualized sequence of treatments. This sequence is tailored based on ongoing information about the individual's progress in treatment.



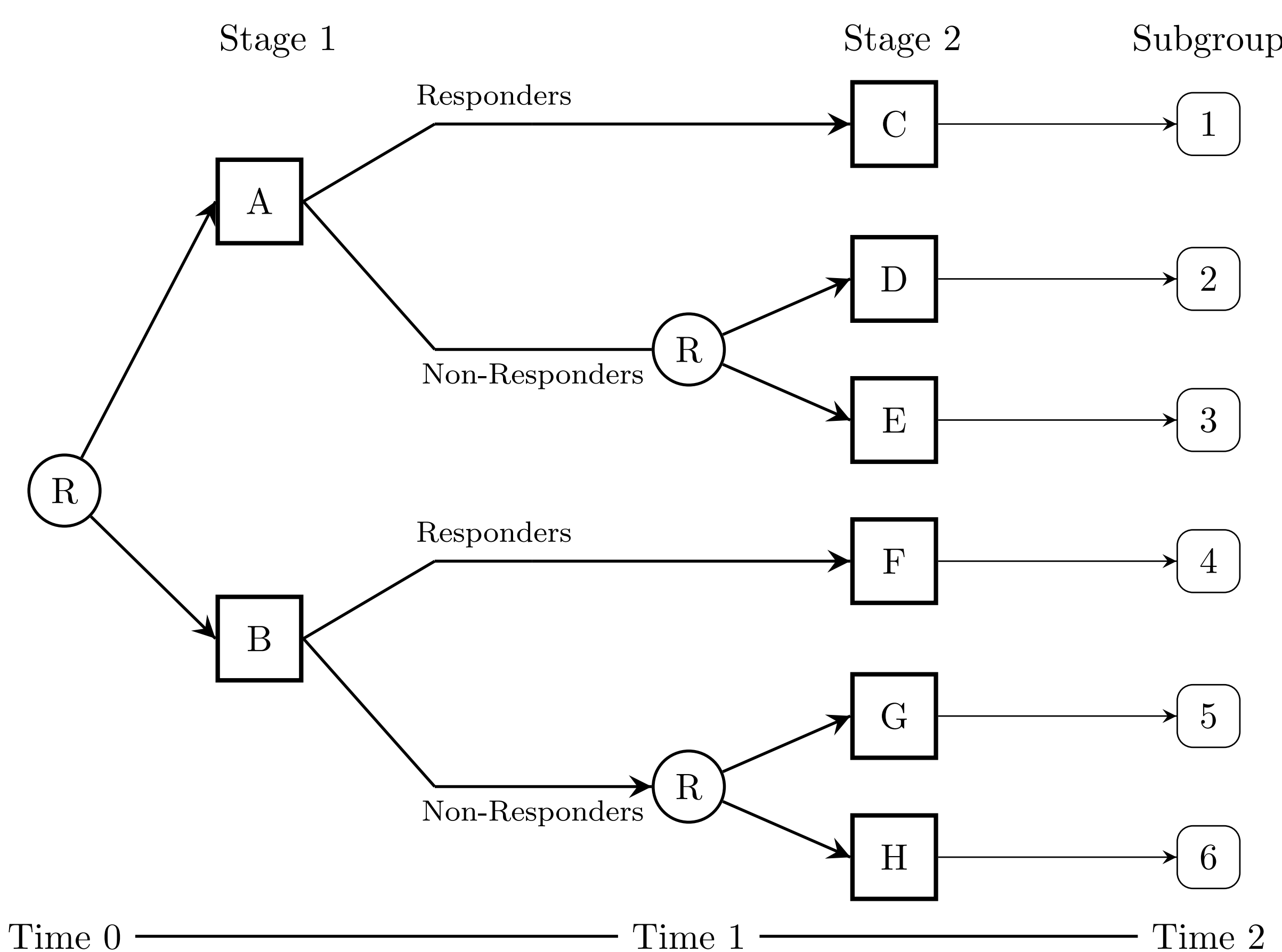
## Sequential Multiple-Assignment Randomized Trials

A **sequential multiple-assignment randomized trial (SMART)** is an experimental design which can provide data that informs the construction of an effective DTR (Murphy, 2005). Some or all participants are randomized more than once. Each randomization corresponds to a critical question regarding the development of a DTR.

## The ENGAGE Trial

The ENGAGE study (J. McKay, PI; N = 500) is a SMART aimed at developing a DTR to increase motivation to attend an intensive outpatient treatment program (IOP) among alcohol- and cocaine-dependent patients.

Figure 1: Diagram of the ENGAGE SMART. Circled R indicates randomization, boxes indicate treatments. MI-IOP corresponds to two motivational interviews encouraging participation in the IOP; MI-PC, two motivational interviews offering patients a choice of treatment modalities; NFC is no further contact.



- The outcome of interest is **treatment readiness**, a measure of a patient's willingness and ability to commit to active participation in a substance abuse treatment program.
- Treatment readiness was assessed using an 8-item questionnaire scored from 0 to 40 and coded such that higher scores are better. We consider measurements taken at baseline and at weeks 8 and 24.
- There are 4 **embedded DTRs**, indexed by first-stage treatment and second-stage treatment for continued non-engagers.

Table 1: Embedded DTRs in ENGAGE

$(a_1, a_2)$	Stage 1 Treatment	Stage 2 Treatment		Subgroups
		Engagers	Ctd. Non-Engagers	
	A	C	D	1, 2
	B	F	G	4, 5
			H	6

## Marginal Mean Model

We are interested in  $E[Y_t^{(a_1, a_2)} | \mathbf{X}]$ , the marginal mean of  $\mathbf{Y}^{(a_1, a_2)}$  at time  $t$  under DTR  $(a_1, a_2)$  conditional on baseline covariates  $\mathbf{X}$ .

- We impose a modeling assumption:

$$E[Y_t^{(a_1, a_2)} | \mathbf{X}] = \mu_t^{(a_1, a_2)}(\mathbf{X}; \boldsymbol{\theta}),$$

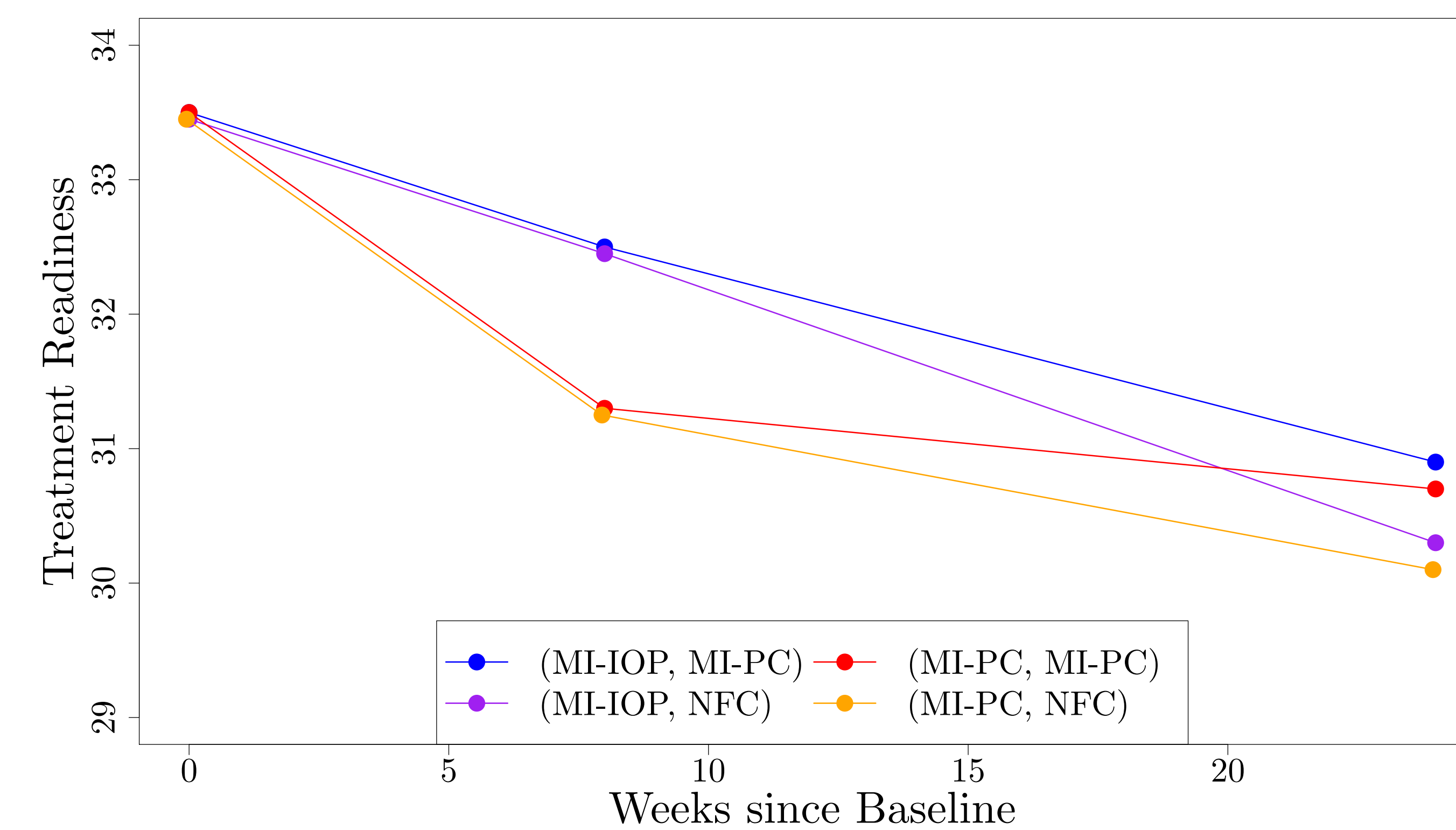
where  $\mu_t^{(a_1, a_2)}(\mathbf{X}; \boldsymbol{\theta})$  is a **marginal structural mean model** with unknown parameters  $\boldsymbol{\theta} = (\boldsymbol{\eta}, \boldsymbol{\gamma})$ .

- $\mu_t^{(a_1, a_2)}(\mathbf{X}; \boldsymbol{\theta})$  should account for the design of the SMART.

- An example model for ENGAGE is

$$\begin{aligned} \mu_t^{(a_1, a_2)}(\mathbf{X}; \boldsymbol{\theta}) = & \boldsymbol{\eta}^\top \mathbf{X} + \gamma_0 \\ & + \mathbb{1}_{\{t \leq 8\}} (\gamma_1 t + \gamma_2 a_1 t) + \mathbb{1}_{\{t > 8\}} (8\gamma_1 + 8\gamma_2 a_1 + \gamma_3(t-8) \\ & + \gamma_4(t-8)a_1 + \gamma_5(t-8)a_2 + \gamma_6(t-8)a_1 a_2), \quad t = 0, 8, 24 \end{aligned}$$

Figure 2: Plot of treatment readiness vs. time using data from ENGAGE.



## Estimation of Model Parameters

The estimate  $\hat{\boldsymbol{\theta}}$  of  $\boldsymbol{\theta}$  is the solution to the following the estimating equations:

### Estimating Equations

$$\mathbf{0} = \frac{1}{n} \sum_{i=1}^n \sum_{(a_1, a_2)} [W^{(a_1, a_2)}(A_{1,i}, R_i, A_{2,i}) \cdot \mathbf{D}^{(a_1, a_2)}(\mathbf{X}_i)^\top \mathbf{V}^{(a_1, a_2)}(\mathbf{X}_i)^{-1} (\mathbf{Y}_i - \boldsymbol{\mu}^{(a_1, a_2)}(\mathbf{X}_i; \boldsymbol{\theta}))],$$

where

- $(a_1, a_2)$  specifies an embedded DTR,
- $W^{(a_1, a_2)}(A_{1,i}, R_i, A_{2,i}) = 2 \cdot \mathbb{1}\{A_{1,i} = a_1\} (R_i + 2(1 - R_i) \mathbb{1}\{A_{2,i} = a_2\})$
- $\mathbf{D}^{(a_1, a_2)}(\mathbf{X}_i) = \frac{\partial}{\partial \boldsymbol{\theta}} \boldsymbol{\mu}^{(a_1, a_2)}(\mathbf{X}_i; \boldsymbol{\theta})$
- $\mathbf{V}^{(a_1, a_2)}(\mathbf{X}_i)$  is a working model for  $\text{Var}(\mathbf{Y}^{(a_1, a_2)} - \boldsymbol{\mu}^{(a_1, a_2)}(\mathbf{X}_i; \boldsymbol{\theta}) | \mathbf{X}_i)$

Assuming that  $\boldsymbol{\mu}^{(a_1, a_2)}(\mathbf{X}_i; \boldsymbol{\theta})$  is correctly specified,  $\hat{\boldsymbol{\theta}}$  is consistent for the true parameter value, regardless of the choice of  $\mathbf{V}^{(a_1, a_2)}(\mathbf{X}_i)$  (Lu et al., 2016).

## Sample Size

We developed a sample size formula for a SMART with a continuous repeated-measures outcome in which the primary aim is to compare two embedded DTRs (with different first-stage treatments) on the end-of-study measurement.

To compare DTRs  $(1, 1)$  and  $(-1, 1)$ , we size the trial based on a Wald test:

$$H_0 : 16\gamma_2 + 32\gamma_4 + 32\gamma_6 = 0 \quad \text{vs.} \quad H_1 : 16\gamma_2 + 32\gamma_4 + 32\gamma_6 \neq 0.$$

We assume:

- The probability of response is the same for both first-stage treatments:

$$P(R = 1 | A_1 = 1) = P(R = 1 | A_1 = -1) = r$$

- The variance of  $(\mathbf{Y}^{(a_1, a_2)} - \boldsymbol{\mu}^{(a_1, a_2)}(\mathbf{X}; \boldsymbol{\theta}))$  is unconditional on response:

$$\text{Var}(\mathbf{Y}^{(a_1, a_2)} - \boldsymbol{\mu}^{(a_1, a_2)}(\mathbf{X}; \boldsymbol{\theta}) | R = 1) = \text{Var}(\mathbf{Y}^{(a_1, a_2)} - \boldsymbol{\mu}^{(a_1, a_2)}(\mathbf{X}; \boldsymbol{\theta}) | R = 0)$$

- The true covariance structure of  $(\mathbf{Y}^{(a_1, a_2)} - \boldsymbol{\mu}^{(a_1, a_2)}(\mathbf{X}; \boldsymbol{\theta}))$  is  $\sigma^2 \mathbf{R}(\rho)$ , where  $\mathbf{R}(\rho)$  is an exchangeable correlation matrix with correlation  $\rho$ .

Suppose we want to detect a standardized effect size  $\delta$ . The sample size for the SMART is

### Sample Size Formula

$$n \geq \frac{2(z_{1-\alpha/2} + z_{1-\beta})^2}{\delta^2} \cdot 2(2-r) \cdot (1-\rho^2)$$

Below is a selection of minimum-required sample sizes for comparing two embedded DTRs in an ENGAGE-type SMART which start with different treatments. Sample sizes are based on a comparison of an end-of-study outcome, and vary with minimum-detectable standardized effect size and within-person correlation among the repeated measures.

Table 2: Example sample sizes for comparison of two embedded DTRs.  $r = 0.4$ ,  $\alpha = 0.05$  (two-sided), and  $\beta = 0.2$ .

Std. Effect Size	Within-Person Correlation		
	$\rho = 0$	$\rho = 0.3$	$\rho = 0.6$
$\delta = 0.3$	559	508	358
$\delta = 0.5$	201	183	129
$\delta = 0.8$	79	72	51

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